



MICROBLADING PRE-PROCEDURE INFORMATION AND CARE

Congratulations! You are making an investment in yourself. We are confident that this procedure will transform your brows and make you feel great about yourself. Before beginning, let's make sure you are a good candidate for microblading and help you understand what to expect. We want to make sure you get great results, which also requires that you follow appropriate pre- and post-care instructions.

It is very important that you read ALL of the information in this document, sign it, and send it back to us. This confirms that you understand our policies. We cannot do your procedure without it. Thank you for your understanding.

You are not a candidate for microblading if any of the following apply to you:

- Pregnancy
- Nursing
- Diabetes
- Lupus
- Hepatitis B/C
- AIDS
- Active Skin Disorders: Cold Sores, Shingles, Impetigo, Psoriasis, Pink Eye, Sun Burn, Severe Acne
- Active Vitiligo
- Severe Rosacea
- Blood Disorders: Sickle Cell, Hemophilia
- Keloid Formation
- Mental Disorder
- Accutane (must be off for 6 months)
- Steroids (must be off for 6 months)
- Heart Conditions
- Immune Disorders

Restrictions:

- **Retinol/Retin-A** must be discontinued 7 days prior to procedure. (It will cause the skin to bleed).
- **Injections** (Botox, Radiesse, JuvaDerm, Voluma, etc.) must be done 2 weeks before or 2 weeks after procedure.
- **Chemical peels and laser treatments** may not be done within 60 days before or after procedure.

- **Sunburned or Suntanned skin** is damaged skin and therefore will cause excessive bleeding. We CANNOT work on sunburned or suntanned skin.
- **You cannot expose the area to the sun** for 30 days before or after procedure.
- **Do not schedule this procedure within one week prior to a water vacation.**
- **Stay out of steam rooms, saunas, hot yoga, swimming pool,** etc. for one week following procedure.
- **Avoid working out or sweating for 1 week post procedure.** (Sweat will prevent pigment from healing into the skin)
- **Avoid alcohol and caffeine 1 day before procedure** to minimize any oozing, bleeding or swelling.
- **Do not take aspirin, ibuprofen, niacin, fish oil or vitamin E** 3 days prior to procedure unless.

ALL SEMI-PERMANENT COSMETIC PROCEDURES ARE MULTI-SESSION PROCESSES.

An initial application is incomplete until after a follow-up appointment, which must be scheduled approximately 6-10 weeks after your initial appointment. There is no additional charge for the follow-up appointment after your initial application as long as it is performed within three months of the initial application.

WHILE YOUR SKIN HEALS, BE PREPARED FOR THE COLOR INTENSITY OF YOUR PROCEDURE TO BE SIGNIFICANTLY LARGER, SHARPER, BRIGHTER, OR DARKER than what is expected for the final outcome. This is a normal and expected result of the application and healing process. The healing process will take a number of days to complete, depending on how quickly the outer layer of your skin exfoliates and new skin regrows to take its place.

Since delicate skin or sensitive areas may swell slightly or redden, some clients feel it best not to make social plans for a day or two following any procedure. Wear your normal makeup and bring your lip or brow pencils with you the day of the procedure.

Please be aware that in order to ensure we choose the right color pigment, we may need to remove any foundation or concealer you are wearing to see the true undertone of your skin. You may choose to bring your makeup to touchup after your procedure. We also have a full line of Young Blood makeup here that you can use.

Policies:

In order to provide all of our clients with great service and the best experience, OUR POLICIES are as follows:

CLIENT-ONLY IN THE PROCEDURE ROOM: Though a friend or family may accompany you to your appointment, we have learned it is best that they do not sit-in on your procedure. It is important the artist is able to have their full focus on you, the client. Friends and family tend to be a distraction for both the client and artist.

CHILDREN, TODDLERS AND BABIES: Though we love children, toddlers and babies, we must kindly ask that you do not bring them with you to your appointment. Unfortunately, they are a distraction to the artist, as well as the other guests having services at Z Beauty Spa. Thank you for your understanding.

CANCELLATION POLICY: Microblading is a time-intensive service. In booking your appointment, we are reserving a designated amount of time specifically for you. We require a 50% deposit in order to reserve this time for your appointment.

If you need to cancel for any reason, we require that you cancel at least 24 hours prior to the start of your appointment time so that we may be able to offer this time to another client.

If your appointment is cancelled with less than 24 hours' notice (or in the case of a no-show), you will still be charged the full price of your scheduled service.

Follow-up appointments: There is no charge for the follow-up appointment to a new/initial procedure when it is done within 3 months of the initial procedure. However, in the case of a cancellation with less than 24 hours' notice or a no-show, the follow-up is considered forfeited and any following appointments will be charged as a touch-up appointment.

TARDINESS: Please plan to arrive at Z Beauty Spa 15 minutes prior to the start of your appointment. You will need to complete a consent and medical intake form. We want to make sure you have time to make yourself comfortable before the start of your appointment

If you are late it will compromise the amount of time the artist has to spend on your procedure, which in turn compromises your results. In the event that a client is more than 30 minutes late, the procedure may be cancelled, and the full service fee will still apply, as we are not able to sell this time to another client.

RIGHT TO REFUSE TREATMENT: Though it is *extremely* rare, we reserve the right to refuse treatment for the following reasons:

- Undisclosed skin condition (including sunburn/suntan)
- Under the influence of drugs or alcohol
- Any behavior which, in the opinion of the artist or Z Beauty Spa, might compromise the artist's or Z Beauty Spa's ability to work safely and comfortably toward the desired results, or might disrupt other clients.

PRE-PROCEDURE INSTRUCTIONS

Eyebrows:

Avoid tweezing, waxing, electrolysis, and coloring your brows for two weeks prior to the procedure. This will allow your technician the most flexibility to achieve optimal results.

Please be aware that we will remove your foundation and concealer to determine your true undertones. This is vital for us to choose the right color. We offer several different options of eyebrow pigmentation lasting from several months to several years.

We offer hair strokes, hair strokes with shading and fully shaded brows. Your specialist will discuss the best options for you depending on your skin type, lifestyle, desired results and desired maintenance.

Rest assured, we use the best tools and the best pigments in the industry.

Lips:

If you have any history of cold sores, fever blisters, or herpes simplex, you **must** contact your physician to obtain and take the proper prescription medication to prevent such outbreaks for at least 4 days before and after the procedure. Many physicians prescribe 12 capsules of 500mg Valtrex. Follow your physician's instructions.

Microblading is a process. Two or three sessions may be required to achieve the desired results. It is not uncommon to lose up to 70% of the color after the first session.

Please be aware that having a procedure done while on your menstrual cycle can make you hypersensitive at the procedure site.

You will be given detailed after-care instructions at the time of your procedure. Please call or email us with any other question you may have.

We look forward to seeing you soon!

I have been made aware of the contraindications and restrictions of microblading and agree with Z Beauty Spa's policies.

Print Name: _____

Date: _____

Signature: _____